

Final exam

Question Number One:

Choose the correct answer from A, B, C or D to complete each of the following sentences:

1. The _____ system must be linked with requirements of social and economic development for any country.
A. education B. educate C. educational D. educationally
2. Jordan has a _____ of being a friendly and welcoming country. It is one of the safest places to visit in the Middle East.
A. repute B. reputation
3. students can use the _____ to do tasks such as showing photographs, researching information and creating diagrams.
A. white board B. tablets C. blog D. mouse
4. Modern computers can run a lot of _____ at the same time.
A. programs B. programmes C. models D. smartphones
5. The Internet that connects objects is known as the _____.
A. Internet of Things B. Internet of people C. world wide web D. Technology
6. You need to _____ when you apply for joining this course.
A. fill in a form B. give out information C. connect with people D. know about dangers
7. Nowadays, the idea of complementary medicine is no longer an _____ concept.
A. ailment B. option C. viable D. alien
8. One of the following is not a health treatment:
A. homoeopathy B. immunization C. acupuncture D. migraine
9. Jordan's population growth, will result in a strong _____ with economic benefits for the whole country.
A. work force B. infant mortality C. life expectancy D. dental clinics
10. Marwan was a skilled _____. He invented many of the basic practices of computer science.
A. mathematically B. mathematical C. mathematics D. mathematician
11. My uncle is fluent in several languages. He is often able to _____ for us during conversation with foreigners.
A. enterpret B. interpret C. interbret D. intarpret
12. Mr Ahmed was the _____ of our motor company. He developed and manufactured a car that ordinary people can afford.
A. chemist B. pedestrian C. founder D. linguist
13. Mazan has done a _____ and decided that he can afford to buy his mother a bunch of flowers at her birthday.
A. generation B. decades C. calculations D. inventions
14. We were shocked when we heard the news, it came unexpectedly.
The colour idiom that has the same meaning as the underlined word above is _____.
A. white elephant B. red handed C. out of the blue D. the green light
15. There was some _____ among the participants about organic food, especially in one group of customers.

- A. sceptical B. scepticism C. sceptically D. sceptic

16. It's quite _____ and useful to travel and work somewhere during and after your study.

- A. recommend B. recommender C. recommendable D. recommendation

17. My grandmother has _____ in her fingers, so she sometimes finds it difficult to write.

- A. migraine B. allergies C. arthritis D. malaria

18. Doctors often treat infections with antibiotics, that is the _____ approach.

- A. complementary B. conventional C. lifestyle D. healthy

19. On one hand, life would be easier. _____, we would have less privacy.

- A. Although B. Despite C. On the other hand D. Likewise

20. You can wear your watch when you go swimming if it's _____.

- A. waterproof B. seat belt C. helmet D. risk

21. Doctors look at the signs of illness before they decide how to treat the patient.

Replace the underlined phrase with its meaning:

- A. coma B. symptoms C. side effects D. pills

22. Scientists have already developed brain _____ that improve vision or allow disabled people to use their thoughts in order to control prosthetic limbs.

- A. drug B. operation C. implant D. scanner

23. The King Hussein Cancer Center treats both adult and _____ patients.

- A. department B. radiotherapy C. expansion D. paediatric

24. You must not take in medicine without consulting a _____.

- A. philosopher B. chemist C. physician D. polymath

25. We learn about shapes, lines and angles when we study _____.

- A. geometry B. arithmetic C. philosophy D. chemistry

26. Hospitals need to dispose of a lot of _____, and it should be carefully managed because it can be dangerous.

- A. urban planning B. economic growth C. public transport D. biological waste

27. 'Green' projects are environmentally _____.

- A. friendly B. renewable C. neutral D. power

28. Before we go climbing, we'll go to a special shop to buy all the _____ that we need.

- A. artificial B. equipment C. apparatus D. fund

29. Hunting and fishing are _____ for the rapid decline in wildlife.

- A. response B. responsibility C. responsible D. responsively

30. Choose the correct meaning of a 'wake up call'.

- A. An alarm clock B. a warning C. a telephone call D. a danger

31. A telescope enables _____ to observe the stars.

- A. astronomer B. polymath C. physicist D. physician

32. Many instruments that are still used today in _____ were designed by Arab scholars.

- A. operated B. operation C. operate D. operational

33. A developed nation is a country that's _____ and socially advanced.

- A. economic B. economically C. economy D. economics

34. Meeting new people and developing _____ friendship around the world are some benefits of studying abroad.

- A. prospects B. proficiency C. global D. lifelong

35. The university offers German courses in _____ for the fourth year, which most students spend working or studying in Germany.

- A. preparation B. prepared C. preparing D. prepare

36. The best type of course for someone who is unable to attend university but wants a degree is _____.

- A. private university B. public university C. vocational D. online distance learning

37. The information in this report needs _____ as soon as possible.

- A. correct B. correction C. corrective D. correctly

38. _____ is essential if patients are to make a quick recovery.

- A. Nutrition B. Circulation C. Dominance D. Concentration

39. Lina worked hard in her school; her strong _____ was the desire to win the award.

- A. fees B. motive C. tuition D. minority

40. Despite the undeniable advantages of technology, it has had some negative effects in our society.

The underlined word in the sentence above indicates _____.

- A. Cause B. consequence C. opposition D. result

41. We were caught in traffic, _____ we missed the start of the play.

- A. as B. since C. because D. therefore

42. She worked really hard; _____, she did very well in her exam.

- A. because of B. because C. because of that D. because in

43. Anita worked very hard. She really _____, and she earned an A on the course.

- A. got it out of her chest B. played it by ear C. had a head for figures D. put her back into it

44. I'd like to recommend studying for 30-minute periods, and then _____.

- A. doing exercise B. taking a break C. doing a subject D. making a start

45. After Nasser completes his first degree, he's hoping to do a _____ degree.

- A. postgraduate B. under graduate C. vocational D. academic

46. I'm acutely well _____ that very few jobs are available.

- A. aware B. awareness

47. By working hard, you will _____ the _____ of your colleagues.

- A. Shake / hands B. ask / questions C. earn/respect D. join / company

48. When you talk about business and try to do a deal, you _____.

- A. compromise B. previous C. conflict D. negotiate

49. An organized trip with everything included in the price (travel, accommodation, food) is _____.

- A. sales pitch B. age group C. package holiday D. target market

50. In the UK, there is a central government but are also _____ councils around the country.

- A. seminar B. regional C. agreement D. goods

51. You will gain real practical experience by doing _____ work while you are still a student.

- A. achievements B. surveyor C. knitwear D. voluntary

52. Finding a work in a crowded job market can be challenging sometimes, especially who don't have any _____.

- A. work experience B. curriculum vitae C. business card D. small talk

53. _____ provides work experience for university students, graduates and people considering career changes.

A. extraction B. interpretation C. internship D. corporation

54. People _____ types of computers for thousands of years.

A. used B. has been using C. are using D. have been using

55. Smartphones _____ in the early 2000s.

A. invented B. are invented C. was invented D. were invented

56. It is probable that the hybrid-car-market _____ in the future.

A. expands B. will expand C. would expand D. was going to expand

57. Salam _____ her report when the light in her room switched itself off.

A. was typing B. is typing C. types D. was typed

58. A new vocational school _____ recently in my area.

A. have been opened B. had been opened C. has been opened D. has opened

59. I want to get a new apartment but can't afford _____ money at the moment.

A. buying B. to buying C. buy D. to buy

60. The bus is late. If it _____ soon, we will get a taxi.

A. didn't arrive B. don't arrive C. doesn't arrive D. aren't arrive

61. Ibn Rushd who _____ In Coordoba is a famous Islamic polymath.

A. is born B. are born C. was born D. born

62. Ali _____ About his friend when he received an email from him.

A. Is thinking B. are thinking C. were thinking D. had been thinking

63. My mother is very tired; she _____ All afternoon for a special family dinner.

A. is cooking B. was cooking C. has been cooking D. had been cooking

64. Ali plans _____ abroad when he leaves school.

A. to go B. goes C. go D. going

65. Rami has broken his leg. It _____ a long time to get better.

A. take B. took C. would take D. is going to take

66. There _____ so much pollution, but these days it is a global problem.

A. didn't use to be B. didn't used to be C. didn't use to being D. didn't used to being

67. Most Jordanian _____ the hot weather that we have in summer.

A. are used to B. are use to C. is used to D. is use to

68. If you need to contact me next week, we _____ at a hotel in Aqaba.

A. will stay B. will be stayed C. will be staying D. will have stayed

69. This time tomorrow, we 'll be celebrating because we _____ our exams.

A. Will be finishing B. would be finished C. will have finished D. will finish

70. Do you think you _____ your school friends when you go to university?

A. will miss B. will be missing C. would miss D. will missed

71. Scientists designed a system _____ could transmit radio signals between countries.

A. which B. where C. who D. when

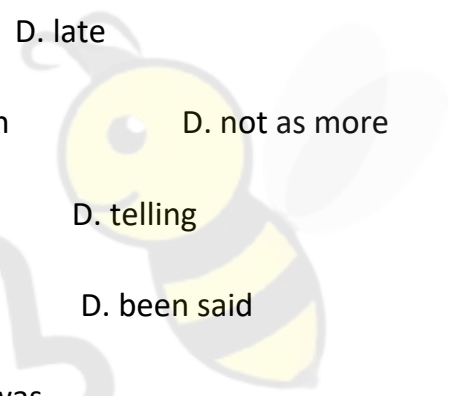
72. We _____ the coach to come for half an hour in the gym.

A. have been waiting B. had been waiting C. has been waiting D. have been waited

73. We're late! By the time we get to the restaurant, the guests _____.

A. have been left B. will have left C. would have left D. have been leaving

74. Nowadays, many doctors _____ Homoeopathy a viable option for some diseases.
A. Were considered B. are considered C. consider D. had considered
75. The person _____ influenced me the most is my father.
A. which B. who C. when D. whose
76. I had my phone _____ after I dropped it.
A. repaired B. had repaired C. repair D. repairing
77. I'm not interested in football as _____ as you.
A. many B. more C. much D. often
78. Ibrahim doesn't like playing volleyball _____ he likes playing table tennis.
A. as hard as B. as much as C. as often as D. as popular as
79. The secondary school students in the USA were spending _____ time at school.
A. less B. the less C. the least D. least
80. 11% _____ applied for Engineering in 2013 CE than in 2014 CE.
A. less people B. many people C. fewer people D. much people
81. I'm tired today because I went to bed _____ than usual last night.
A. earlier B. early C. later D. late
82. There are _____ people in our class as in yours.
A. not as many B. as many people C. not as much D. not as more
83. Do you mind _____ me why the train is late?
A. to tell B. tell C. to telling D. telling
84. It _____ that dolphins are highly intelligent.
A. are said B. were said C. is said D. been said
85. Ahmed is known _____ talented football player.
A. to be B. be C. is D. was
86. The project _____ before the deadline.
A. will be completed B. will be completing C. will completed D. will complete
87. Kareem is not very good at basketball. He wishes he _____ taller.
A. has been B. were C. be D. is
88. It was too hot to go to the beach yesterday. If only it _____ cooler.
A. Has been B. hadn't been C. had been D. hasn't been
89. I can't do this exercise. I wish I _____ it.
A. understand B. understood C. doesn't understand D. didn't understand
90. I didn't bring a coat, and now I am cold. I wish I _____.
A. had brought a coat B. hadn't brought C. didn't bring a coat D. brought a coat
91. If plants _____ enough sunlight, they die.
A. didn't get B. doesn't get C. don't get D. hasn't got
92. My father _____ the new house if it isn't too expensive.
A. would buy B. will buy C. wouldn't buy D. wouldn't buy
93. If we _____ in London today, we would be able to go to the British Museum.
A. was B. is C. were D. are



94. I _____ to the library if my friend hadn't invited me.
A. wouldn't have gone B. wouldn't go C. won't go D. wouldn't gone
95. Nasser will come out with us tomorrow unless he _____ help his father.
A. had to B. has to C. will have to D. would have to
96. During Ramadan, we eat _____ the sun sets.
A. provided that B. even if C. when D. as long as
97. Babies are usually happy _____ they're hungry or cold.
A. unless B. even if C. if D. as long as
98. As my father is originally from Jordan _____ I grew up speaking Arabic _____ German.
A. ,/ as well as B. ./ as a consequence C. ./ Aa well as D. ,/ therefore
99. Because of the large _____ from his aunt _____ Zaid was able to buy his own boat.
A. Inheritance /, B. inheritance/. C. inheritance/, D. inhiritance/.
100. I think you should look for a job in foreign countries.
A. If I were you, I wouldn't look for a job in foreign countries.
B. If I were you, I would look for a job in foreign countries.
C. If I were you, I will look for a job in foreign countries.
D. If I were you, I won't look for a job in foreign counties.
101. Ali asked someone to furnish his office.
A. Ali furnished his office.
B. Ali had his office furnished.
C. Ali had furnished his office.
D. Ali didn't furnish his office.
102. The government holds the competition every year.
A. The competition was held every year by the government.
B. The competition is held every year by the government.
C. The competition isn't held every year by the government.
D. The competition wasn't held every year by the government.
103. "I can't come to the festival tomorrow."
A. Muna said that she can't come to the festival the next day.
B. Muna said that she couldn't come to the festival tomorrow.
C. Muna said that she couldn't come to the festival the next day.
D. Muna said that I couldn't come to the festival the next day.
104. Ali finished his homework, and then he ate some cake.
A. After Ali finished his homework, he had eaten some cake.
B. After Ali had finished his homework, he had eaten some cake.
C. After Ali finished his homework, he ate some cake.
D. After Ali had finished his homework, he ate some cake.
105. They started running at 8 a.m. it's 10 a.m. and they are still running.
A. They have been running since 8 a.m.
B. They had been running since 8 a.m.
C. They haven't been running since 8 a.m.
D. They hadn't been running since 8 a.m.



106. Perhaps Kareem is late.

- A. Kareem might be late.
- B. Kareem must be late.
- C. Kareem mightn't be late.
- D. Kareem mustn't be late.

107. It isn't necessary to switch off the screen.

- A. You should switch off the screen.
- B. You don't have to switch off the screen.
- C. You mustn't switch off the screen.
- D. You might switch off the screen.

108. You are not allowed to write in ink.

- A. You must write in ink.
- B. You mustn't write in ink.
- C. You should have written in ink.
- D. You might write in ink.

109. Touch the screen to make the picture appear clear.

- A. If you touch the screen, the picture appears clear.
- B. If you don't touch the screen, the picture appears clear.
- C. If you touch the screen, the picture will appear clear.
- D. If you touch the screen, the picture would appear clear.

110. We always go to the market across the street, it's normal for us to eat fresh vegetables.

- A. We are used to eat fresh vegetables.
- B. We used to eat fresh vegetables.
- C. We are used to eating vegetables.
- D. We used to eating vegetables.

111. Is Ali used to living in Jordan yet? He's only been here for two months.

The sentence that has similar meaning to the one above is:

- A. Is it normal for Ali to live in Jordan?
- B. Was it normal for Ali to live in Jordan?
- C. Did Ali live in Jordan?
- D. Does Ali live in Jordan?

112. The person

- A. who invented Al-Jazari the mechanical clock was in the twelfth century.
- B. who invented in the twelfth century the mechanical clock was Al-Jazari.
- C. who invented the twelfth century in the mechanical clock was Al-Jazari.
- D. who invented in the twelfth century Al-Jazari was the mechanical clock.

113. Jabir Ibn Hayyan did his research in a laboratory in Iraq.

- A. The country when Jabir Ibn Hayyan did his research in a laboratory was Iraq.
- B. The year where Jabir Ibn Hayyan did his research in a laboratory was Iraq.
- C. The place when Jabir Ibn Hayyan did his research in a laboratory was Iraq.
- D. The country where Jabir Ibn Hayyan did his research in a laboratory was Iraq.



114. The heat made the journey unpleasant.

- A. It is the heat that made the journey unpleasant.
- B. It was the heat that made the journey unpleasant.
- C. It was the thing that made the journey unpleasant was the heat.
- D. It is the person that made the journey unpleasant.

115. Ibn Sina was a polymath. He's also known as Avicenna.

The sentence which has similar meaning to the one above is:

- A. Ibn Sina, who is also known as Avicenna, was a polymath.
- B. Ibn Sina, where is also known as Avicenna, was a polymath.
- C. Ibn Sina, that is also known as Avicenna, was a polymath.
- D. Ibn Sina, which is also known as Avicenna, was a polymath.

116. Physics isn't as popular as Biology.

- A. Physics is more popular than Biology.
- B. Biology is more popular than Physics.
- C. Physics is most popular than Biology.
- D. Biology is less popular than Physics.

117. There are more students studying Science than studying Maths.

- A. There are less students studying Science than studying Maths.
- B. There are less students studying Maths than studying Science.
- C. There are fewer students studying Science than studying Maths.
- D. There are fewer students studying Maths than studying Science.

118. How much revision should I do before the exams?

- A. Could you tell me how much revision I should do before the exam?
- B. Could you tell me how much I should revision do before the exam?
- C. Could you tell me how much revision should I do before the exam?
- D. Could you tell me how much revision do I should do before the exam?

119. Is exercise better in the morning or in the evening?

- A. Do you know whether is exercise better in the morning or in the evening?
- B. Do you know whether exercise is better in the morning or in the evening?
- C. Do you know whether better exercise in the morning or in the evening?
- D. Do you know whether exercise better is in the morning or in the evening?

120. People think that learning a new language also presents the brain with unique challenges.

- A. It was thought that learning a new language also presents the brain with unique challenges.
- B. It is think that learning a new language also presents the brain with unique challenges.
- C. It is thought that learning a new language also presents the brain with unique challenges.
- D. It is thought that learning a new language also to present the brain with unique challenges.

121. They used to think that the Earth was flat.

- A. It used to thought that the Earth was flat.
- B. It used to think that the Earth was flat.
- C. It used to be thought that the Earth was flat.
- D. It used to be think that the Earth was flat.



122. It is said that fish is good for the brain.

The active form of the above sentence is:

- A. They said that fish is good for the brain.
- B. They have said that fish is good for the brain.
- C. They had said that fish is good for the brain.
- D. They say that fish is good for the brain.

123. I'm very hungry! I didn't eat before I went to the conference.

- A. I wish I hadn't eaten before I went to the conference.
- B. I wish I had eaten before I went to the conference.
- C. I wish I have eaten before I went to the conference.
- D. I wish I haven't eaten before I went to the conference.

124. Fadi lost his wallet. He should be more careful.

- A. If only Fadi weren't more careful.
- B. If only Fadi is more careful.
- C. If only Fadi were more careful.
- D. If only Fadi had been more careful.

125. Ali wants to go out this afternoon, but he has a headache.

- A. If only Ali doesn't have a headache.
- B. If only Ali had a headache.
- C. If only Ali didn't have a headache.
- D. If only Ali had had a headache.

126. You ought to get some work experience.

- A. Why don't you get some work experience.
- B. Why don't you get some work experience?
- C. Why don't you getting some work experience.
- D. Why don't you ought to get some work experience?

127. Saeed left his camera at home, so he wasn't able to take pictures of the parade.

- A. If Saeed left his camera at home, he could have been able to take pictures of the parade.
- B. If Saeed hadn't left his camera at home, he could have been able to take pictures of the parade.
- C. If Saeed had left his camera at home, he could have been able to take pictures of the parade.
- D. If Saeed hadn't left his camera at home, he couldn't been able to take pictures of the parade.



Question Number Two:

- Read the following two texts carefully, and then answer all the questions they follow.

A growing problem

In many countries, an increasing number of young people and adults are overweight or obese. One reason for this is the growing popularity of fast food, which didn't use to be as common as it is now.

Another big factor is lack of exercise. People would often walk to school or work, but these days many more of us drive. Modern technology has also played its part; we spend more and more time focusing on computer screens. Before the Internet was invented nobody had dreamt of online shopping, but now we can buy almost anything without leaving the sofa.

Time to listen

Health experts have been warning about this trend for years, and their advice is clear. Adults should aim to exercise for at least two and a half hours every week; for children and teenagers the target should be at least an hour a day. This might not sound very much. However, recent research shows that less than 50% of the British population manages this. School children are less physically active than they used to be. Girls in particular often dislike PE. This can lead to serious health problems. (PE = Physical Education)

It's good for you

Experts recommend a mixture of activities. These should include moderate exercise, such as fast walking, and more strenuous exercise, like running. They also advise exercise that strengthens the muscles, for example sit-ups. The more we build, the more calories we burn, and the fitter we become.

In addition, exercise is a great way to cope with stress. In a recent study, patients who had been suffering from depression reported a great improvement after increased physical activity.

Useful tips

Of course, this raises a question: how can I manage to fill in all this extra exercise? The best way is to build it into our daily lives so that it becomes a routine. It doesn't have to take much extra time. You could get off the bus one stop earlier than usual, or stand up when you're on the phone! Most importantly, we should find a sport that we enjoy doing. That way, we will all become fitter, healthier and happier.

1. According to the article, there are main reasons for higher rates of obesity. Write down three reasons.

2. What is health experts' advice for adults?

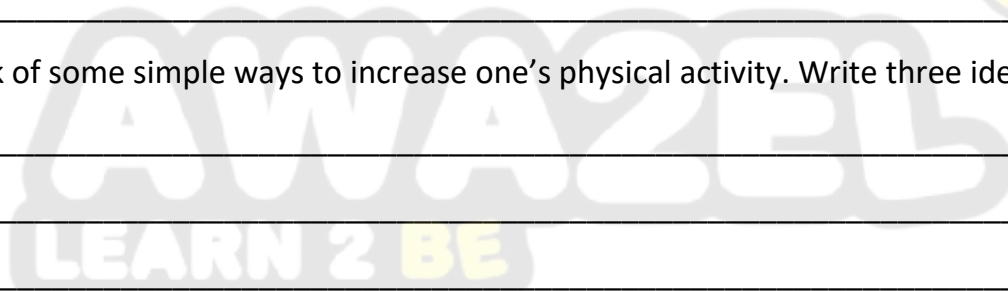
3. What is the minimum amount of exercise for children and teenagers?

4. Quote the sentence which shows that physical activity is good for people who suffer from stress.

5. Find a word from the text which means 'extremely requiring a lot of effort.' _____

6. The author suggests some ways of including exercise in our normal lives. Mention two examples from the article.

7. Think of some simple ways to increase one's physical activity. Write three ideas.



Second Text

Today, we talk to Mr. Ghanem, a businessman based in Amman who often visits China. We asked him when he first started doing business with China.

'I've been doing business with china for many years. My first trip there was in 2004 CE, and it was not very successful'.

Why was it not successful?

'I worked for a small computer company in Amman. They sent me to China when I was still quite young. If only the company had realised that the Chinese respect age and experience more than youth!'.

Did you make any mistakes on that visit?

'Yes, I wish I had researched Chinese culture before I visited the country. In order to be successful in China, you need to earn their respect. Chinese business people will always ask about a company's success in the past. However, because I worked for a new company, I could not talk about its track record, we did not do any business deals on that first trip.'

When did you learn how to be successful in China?

'I joined a larger company and they sent me on a cultural awareness course. On my next visit to China, it felt as if I hadn't known anything on my first visit.'

What advice can you give to people wanting to do business in China?

'Before I visit a company, I send recommendations from previous clients. I also send my business card with my job position and qualifications translated into Chinese.'

Can you tell us about your last meeting in China?

'Of course, I arrived on time. You must not arrive late, as this shows disrespect. Then, when I met the company director, I shook hands with him gently. I began the meeting by making small talk about my interesting experience in China. During the meeting, I made sure that my voice and body language were calm and controlled. I never told a joke, as this may not be translated correctly or could cause offence.'

Was it a successful meeting?

'Yes, it was. I knew that the director had researched my business thoroughly before the meeting, so I was prepared for his 16 detailed questions. When I began negotiating, I started with the important issues. The Chinese believe in avoiding conflict. It is always important to be patient. I was prepared to compromise, so in the end, the meeting was successful.'

1. Quote the sentence that describes Mr Ghanem's voice and body language during his last meeting in China.

2. According to Mr Ghanem, businessman mustn't arrive late to a meeting in China for a reason. Write down this reason.

3. Mr Ghanem avoided telling jokes during his last meeting in China for two reasons. Write these two reasons down.

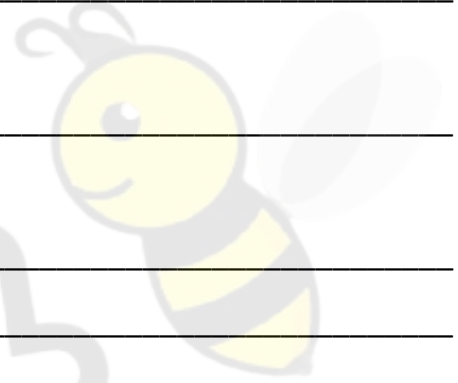
4. What changed when Mr. Ghanem visited China for the second time?

5. What do Chinese people respect?

6. What does the underlined pronoun 'him' refer to? _____

7. Find a phrase in the text which means "having an informal chat with someone in order to start a conversation".

8. What similarities do you think there are, in terms of expectations at business meetings, between China and Jordan?



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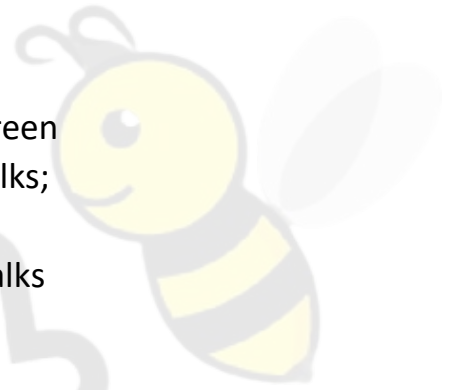
Question Number Three:

“Yet you sell tickets from Bombay to Calcutta,’ retorted Sir Francis, who was growing warm. ‘No doubt’, replied the conductor, ‘but the passengers know that they must provide means of transportation for them selves from Kholby to Allahabad.”

1. What is the expression that is used to mean that Sir Francis is getting annoyed?

2. There some cities mentioned in the above lines. Mention two of them.

The cornfield stretched a tender green
To the right and left beside my walks;
I knew he had a nest unseen
Somewhere among the million stalks



1. Find a word from the above lines which means ‘fresh and young’. _____
2. Write down the line which means that the skylark’s nest is hidden in somewhere in the cornfields.

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1. C
2. B
3. B
4. A
5. A
6. A
7. D
8. D
9. A
10. D
11. D
12. C
13. C
14. C
15. B
16. C
17. C
18. B
19. C
20. A
21. B
22. C
23. D
24. C
25. A
26. D
27. A
28. B
29. C
30. B
31. A
32. B
33. B
34. D
35. A
36. D
37. B
38. A
39. B
40. C
41. D
42. C
43. D
44. B
45. A
46. A
47. C
48. D
49. C
50. B
51. D
52. A
53. C
54. D
55. D
56. B
57. A
58. C
60. C
61. C
62. D
63. D
64. A
65. D
66. A
67. A
68. C
69. C
70. A
71. A
72. A
73. B
74. C
75. B
76. A
77. C
78. C
79. C
80. C
81. C
82. A
83. D
84. C
85. A
86. A
87. B
88. C
89. B
90. A
91. C
92. B
93. C
94. A
95. B
96. C
97. A
98. A
99. C
100. B
101. B
102. B
103. C
104. D
105. A
106. A

107. B
108. B
109. A
110. C
111. A
112. B
113. D
114. B
115. A
116. B
117. D
118. A
119. B
120. C
121. C
122. D
123. B
124. C
125. C
126. B
127. B
~~128.~~

Eman Younis
Eman Younis
Eman Younis
Q



AWAZEL
LEARN 2 BE

What s
do you
of ex
bus
be

Text 1:

1. growing popularity of fast food.
2. lack of exercise.
3. Modern technology

Handwritten signature

52. A

81 C

Adults should aim to exercise for at least two and half hours every week.

at least an hour a day.

In addition, exercise is a ~~good~~ great way to cope with stress.

strenuous

1. You could get off the bus one stop earlier than usual.
2. Stand up when you're on the phone.

Combine physical activity with something you already do, such as shopping or household chores.

Choose activities that appeal to you

Track your progress (and feel good about your achievements!)

Learn an exercise or two you can do quickly and easily for days when you're feeling particularly time-poor.

Make time for activity everyday.

Text 2:-

1. During the meeting, I made sure that my voice and body language were calm and controlled.
2. as this shows disrespect.
3. 1. as this may not be translated correctly.
2. could cause offence.
4. He joined a larger company and they sent him on a cultural awareness course.
5. Chinese respect age and experience
6. the company director
7. make small talk
8. The need to be culturally aware, the need for preparation, the need to listen carefully and negotiate.

• makes you happier and healthier.

- Benefits of getting active :-
- improve your long-term health.
 - give you more energy
 - help you manage your weight
 - relax you and make you feel content.
 - help you sleep better.