

HIGHS AND LOWS

اللغة الإنجليزية

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الفصل
الثاني

الوحدة
التاسعة

حفظيات
الوحدة



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Vocabulary

Ups and downs story

مفردات

صفحة 38

قصة النجاح و الفشل

كتاب الطالب

Word الكلمة / المصطلح	Example مثال للتوضيح	Arabic المعنى بالعربي
affluent	e.g.: He comes from an affluent family.	ثري / غني
costly	e.g.: Buying a house in the city center is very costly.	مكلف / باهظ الثمن
extravagant	e.g.: She threw an extravagant wedding with hundreds of guests.	مصرف / مبالغ فيه
lucrative	e.g.: He started a lucrative business selling handmade jewelry.	مربح / مجز
splash out	e.g.: They splashed out on a luxury vacation in the Maldives.	ينفق ببذخ / يسرف في الإنفاق
well-off	e.g.: His parents are quite well-off, so he never had financial problems.	ميسور الحال / ثري

أسئلة مقترحة – Suggested questions

- After years of hard work, she landed a ----- job that paid her more than she had ever dreamed of.
A) well-off B) extravagant C) lucrative D) costly
- The ----- neighborhood was filled with massive mansions, luxury cars, and private golf courses.
A) affluent B) costly C) well-off D) extravagant
- Instead of saving money, Mark decided to ----- on a designer suit and a fancy dinner.
A) lucrative B) affluent C) costly D) splash out
- Her ----- spending habits left her with little savings, as she constantly bought expensive jewelry and vacations.
A) affluent B) extravagant C) lucrative D) well-off



Vocabulary

Words related to success and failure

مفردات

صفحة 28

كلمات متعلقة بالنجاح والفشل

كتاب الطالب

Word الكلمة / المصطلح	Related to تعود على	Arabic المعنى بالعربي
flourish	related to success	يزدهر
masterstroke	related to success	خطوة عبقرية
pay off	related to success	يثمر
blunder	related to failure	خطأ فادح
flop	related to failure	فشل ذريع
get nowhere	related to failure	لا يحرز تقدماً
mess up	related to failure	يرتكب خطأ
setback	related to failure	نكسة

أسئلة مقترحة – Suggested questions

5. After years of hard work, her dedication finally _____, and she was promoted to manager.
 A) flourish B) pay off C) blunder D) flop
6. The director's decision to cast an unknown actor in the lead role was a _____, earning the film critical acclaim.
 A) setback B) mess up C) get nowhere D) masterstroke
7. Despite his efforts, John continued to _____ in his attempts to learn the piano, making no progress.
 A) flourish B) blunder C) get nowhere D) pay off
8. The company's new product was a complete _____; it failed to attract any customers.
 A) setback B) flop C) masterstroke D) flourish
9. The team's poor communication caused them to _____ the project, resulting in many errors.
 A) mess up B) pay off C) blunder D) setback
10. The sudden loss of funding was a major _____ for the research team, delaying their progress.
 A) flourish B) setback C) masterstroke D) flop



Vocabulary

Vocabulary extension

مفردات

صفحة 30

ملحق مفردات

كتاب التمارين

Word الكلمة / المصطلح	Example مثال للتوضيح	Arabic المعنى بالعربي
acknowledge	e.g.: He refused to acknowledge his mistake.	يُقرّ / يعترف
admitting	e.g.: She had trouble admitting that she was wrong.	الاعتراف / الإقرار
make	e.g.: He wants to make a difference in the world.	يصنع / يجعل / يقوم بـ
offer	e.g.: He decided to offer help to the needy.	يقدم / يعرض
take	e.g.: She refused to take responsibility for her actions.	يأخذ / يتحمل / يقبل

11. The CEO refused to ----- the allegations of misconduct, despite the evidence.
a) make b) acknowledge c) take d) offer
12. After the scandal, the senator had no choice but ----- his involvement.
a) admitting b) make c) offer d) take
13. The committee will ----- a final decision by the end of the week.
a) take b) offer c) make d) acknowledge
14. The university decided to ----- free tutoring services to struggling students.
a) take b) offer c) make d) admitting
15. She had to ----- full responsibility for the project's failure.
a) take b) make c) offer d) acknowledge



Vocabulary

Binomials

مفردات

صفحة 41

تراكيب ثنائية

كتاب الطالب

Word الكلمة / المصطلح	Meaning in English المعنى بالانجليزي	Arabic المعنى بالعربي
pick and choose	select	اختر بعناية
Up and downs	good and bad times	تقلبات الحياة بين النجاح و الفشل
sooner or later	At some point	عاجلاً ام اجلاً
take it or leave it	accept it or don't	اقبل او ارفض
More and less	About / almost	الى حد ما / تقريباً
Peace and quiet		الهدوء و السكينة
Safe and sound	with no problems	امن و سليم
Give and take		خذ و أعط
There and then	immediately	فوراً / في الحال
Touch and go	uncertain	غير مؤكد
Slowly but surely		ببطء لكن بثبات
Highs and lows		نجاحات و اخفاقات

16. After months of negotiations, the two companies finally reached a compromise through

- A) pick and choose
B) give and take
C) touch and go
D) highs and lows

17. The patient's condition was for days, but thankfully, he recovered.

- A) touch and go
B) sooner or later
C) safe and sound
D) more and less

18. Life is full of, but we must learn to appreciate both good and bad moments.

- A) peace and quiet
B) up and downs
C) highs and lows
D) slowly but surely

19. The detective solved the case, gathering clues one by one.

- A) there and then
B) take it or leave it
C) more and less
D) slowly but surely



Vocabulary

Collocations - متلازمات

مفردات

صفحة 41

Chance, risk, luck, opportunity

كتاب الطالب

Word الكلمة / المصطلح	Meaning in English المعنى بالانجليزي	Arabic المعنى بالعربي
have the chance (opportunity)		لديك الفرصة
given the chance (opportunity)		أتيحت لك الفرصة
take the chance / opportunity to do something		يستفيد من الفرصة لفعل شيء ما
Last chance / opportunity		اخر فرصة
grab the chance / opportunity		يغتزم الفرصة
a slim chance (possibility)		فرصة ضئيلة / ضعيفة
A very little chance		فرصة ضئيلة جداً
worth the risk		يستحق المخاطرة
run the risk		يتحمل المخاطرة
What luck!		يا له من حظ!
A lucky break		ضربة حظ

20. After years of hard work, she finally got ----- when her artwork was noticed by a famous gallery.

- a) grab the chance b) a slim chance c) worth the risk d) a lucky break

21. Investing in a startup is risky, but if it succeeds, it could be ----- for huge profits.

- a) run the risk b) worth the risk c) a slim chance d) grab the chance

22. He knew there was only _____ of winning the competition, but he decided to try anyway.

- a) a lucky break b) a slim chance c) grab the opportunity d) run the risk

23. If you don't _____ now, you might regret it later when the offer is gone.

- a) run the risk b) grab the chance c) a lucky break d) worth the risk

24. By skipping safety checks, the company would _____ of facing legal consequences.

- a) worth the risk b) a slim chance c) run the risk d) a lucky break



Vocabulary

Collocations

مفردات

صفحة 42

متلازمات

كتاب التمارين

Word الكلمة / المصطلح	Meaning in English المعنى بالانجليزي (مطلوب)	Arabic المعنى بالعربي
consider your options	To think carefully about what to do.	فكر بعناية بما ستفعله
do the trick	To have the necessary result you want.	تحقق النتيجة المطلوبة
get off relatively lightly	To experience less harm than might be expected.	ينجو من الموقف بأقل ضرر متوقع
go through the ordeal	To have a very difficult or painful experience.	يمر بتجربة مؤلمة
have no choice but to do something	To be forced to do something.	ليس لديك خيار
keep (somebody) going	To help somebody to continue, despite the difficult situation.	يبقي شخصاً مستمراً او متحفزاً
make oneself understood	To communicate effectively.	يجعل شخصاً ما يفهم ما تعنيه
take its toll on somebody	To cause harm or suffering.	يتسبب بأذى او معاناه
take something for granted	To believe something without even thinking about it.	يأخذ شيئاً ما كأمر مسلم به بدون تفكير
take your mind off something	To stop yourself from worrying about something.	تبعد تفكيرك عن القلق حول شيء ما
(not) have a clue	To be unable to guess something.	ليس لديك فكرة / لا تعرف عن شيء ما



25. After the car accident, Jake didn't ----- . It was with just a few scratches.

- | | |
|-------------------------------|--------------------------|
| a) get off relatively lightly | c) consider his options |
| b) take its toll on him | d) go through the ordeal |

26. The constant stress of exams began to ----- Maria, leaving her exhausted.

- | | |
|---------------------|-------------------------|
| a) keep her going | c) take its toll on her |
| b) take for granted | d) do the trick |

27. When the power went out, candles ----- and provided enough light.

- | | |
|----------------------------|-------------------------------|
| a) went through the ordeal | c) took her mind off the dark |
| b) had no clue | d) did the trick |

28. Despite the language barrier, the tourist tried to ----- with hand gestures.

- | | |
|----------------------------|------------------------|
| a) consider his options | c) take it for granted |
| b) make himself understood | d) not have a clue |

29. After losing his job, Mark ----- to sell his car to pay the bills.

- | | |
|-----------------------------------|------------------------------|
| a) took his mind off his problems | c) didn't have a clue |
| b) got off relatively lightly | d) had no choice but to sell |

30. Listening to music helps ----- your worries for a while.

- | | |
|-----------------------|-----------------------------|
| a) take your mind off | c) go through the ordeal |
| b) keep you going | d) make yourself understood |

31. The hikers had to ----- of extreme weather before reaching the summit.

- | | |
|------------------------|--------------------------|
| a) take it for granted | c) go through the ordeal |
| b) do the trick | d) not have a clue |



32. Even when things were tough, her friends' support helped -----.

- a) take its toll on her
b) make herself understood
c) keep her going
d) consider her options

33. Many people ----- their health until they face a serious illness.

- a) have no choice but to ignore
b) get off lightly
c) don't have a clue about
d) take for granted

34. When asked about advanced physics, the student admitted he -----.

- a) didn't have a clue
b) took it for granted
c) went through the ordeal
d) considered his options

35. When the team lost their star player, they had to ----- and rethink their strategy.

- a) take its toll on them
b) consider their options
c) make themselves understood
d) get off relatively lightly

الاجابات النموذجية

1		11		21		31	
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3		13		23		33	
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HIGHS AND LOWS

اللغة الإنجليزية



بتقدر تابعنا على جميع مواقع التواصل الإجتماعي



أ. عمر ملكاوي